



The Tide Turners Plastic Challenge Badge (OFFLINE)

Around the world, thousands of young people are showing their action on plastic and they are committed to **turning the tide on plastic pollution**.

The Tide Turners Plastic Challenge is a global youth movement to fight plastic pollution around the world. It is designed to inspire young adults to reflect upon their plastic consumption, discover solutions to reduce this consumption, and lead change in their homes, communities, institutions and offices

The Bharat Scouts and Guides, National Headquarters accepted this universal challenge and motivating members of organisation to take active role for making CHAMPION. By joining the challenge, you will be part of an entire generation of young leaders who are changing the world, one action at a time!



The Tide Turners Plastic Challenge Badge is a Clean Seas initiative that educates young people around the world about plastic pollution giving them the tools to change their personal behaviour, inspire their communities, and create a better future for our planet.

WHY SHOULD YOU PARTICIPATE?

- **Knowledge** -You will learn about the negative impacts of plastic pollution on nature and man, and feel inspired to change your own plastic use, and encourage others around you. When we know better, we do better!
- **Action** -This planet is our home, and it is our responsibility to keep it safe and clean. In India, each individual consumes close to 11 Kgs of plastic annually. This is why every individual action matters!
- **Leadership** -Plastic pollution is a man-made problem, and we all must do our part to solve it. This is your chance to be a champion in your community and lead change!

INSTRUCTIONS:

1. All the activities are compulsory
2. Certificate and Patch will be issued by the National Headquarter, the Bharat Scouts and Guides who have completed the activity pack
3. All the activities Pictures and videos should be uploaded on Social sites tagging with BSG Face book, Twitter and Instagram. Use #ttpcbgs
4. Report of all the challenges in excel or PDF format with social media links to be sent through

<https://forms.gle/KkJcMooA6weP5jb97>

or to email id ttpcbgs@gmail.com after completion of all challenges.

5. All activities pictures and videos uploaded on www.scout.org





6. Safety precaution issued by Government for COVID pandemic should be strictly followed during outdoor activities.

OFFLINE ACTIVITY PACK OF TIDE TURNERS PLASTIC CHALLENGE

(All the activities are compulsory)

ENTRY LEVEL – After completion of activities of Entry level you will explore yourself – how you can reduce your single use plastic or disposable plastic in your life and start getting others to do the same.

01.01- **Check your plastic Footprint:** Does Plastic rule your life or is your Plastic microscope? Or are you somewhere in the middle? Start your war on single-use plastics by first assessing where you stand with the audit below. On chart paper write your action is taking from last 02 months and Share it on social sites with hastages - #waggs #wosm #bsgindia #ttpcbbsg tagging with bsgindia.

POLY BAG	PACKAGED DRINKING WATER	PLASTIC STRAW	BALLOONS
			
How often do you use these products in your day to day life? (Limited to one response)			
<ul style="list-style-type: none"> <input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never 	<ul style="list-style-type: none"> <input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never 	<ul style="list-style-type: none"> <input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never 	<ul style="list-style-type: none"> <input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never
Where do you get these products? (Multiple selection allowed)			
<ul style="list-style-type: none"> <input type="checkbox"/> Vegetable vendor <input type="checkbox"/> Restaurants <input type="checkbox"/> Grocery store <input type="checkbox"/> Street food vendors <input type="checkbox"/> Malls/ Super markets <input type="checkbox"/> Other (Specify) <input type="checkbox"/> I don't use it 	<ul style="list-style-type: none"> <input type="checkbox"/> Restaurant <input type="checkbox"/> School/ College/ Office canteen <input type="checkbox"/> Railway station/ Bus/ Airport <input type="checkbox"/> Grocery Store <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it 	<ul style="list-style-type: none"> <input type="checkbox"/> Restaurant <input type="checkbox"/> School/ College/ Office canteen <input type="checkbox"/> Railway station/ Bus/ Airport <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it 	<ul style="list-style-type: none"> <input type="checkbox"/> School/ College/ Office canteen <input type="checkbox"/> Street vendor <input type="checkbox"/> Restaurant <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it
What happens to these products after you have used them? (Limited to one response)			
<ul style="list-style-type: none"> <input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Limited as waste on streets <input type="checkbox"/> I don't use it 	<ul style="list-style-type: none"> <input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Limited as waste on streets <input type="checkbox"/> I don't use it 	<ul style="list-style-type: none"> <input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Limited as waste on streets <input type="checkbox"/> I don't use it 	<ul style="list-style-type: none"> <input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Limited as waste on streets <input type="checkbox"/> I don't use it

TAKE AWAY FOOD (That comes with single use cutlery)	PACKAGED FOOD	STYROFOAM CUTLERY
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How often do you use these products in your day to day life? (Limited to one response)

- | | | |
|--|--|--|
| <ul style="list-style-type: none"> ■ Daily ■ Once a week ■ Once a month ■ Once in past 2 months ■ Never | <ul style="list-style-type: none"> ■ Daily ■ Once a week ■ Once a month ■ Once in past 2 months ■ Never | <ul style="list-style-type: none"> ■ Daily ■ Once a week ■ Once a month ■ Once in past 2 months ■ Never |
|--|--|--|

Where do you get these products? (Multiple selection allowed)

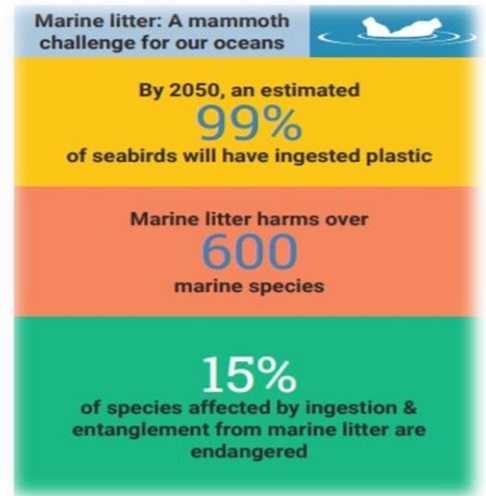
- | | | |
|--|---|--|
| <ul style="list-style-type: none"> ■ Online food delivery ■ Local Restaurants ■ Grocery store ■ Street food vendors ■ Other (Specify) ■ I don't use it | <ul style="list-style-type: none"> ■ I buy them personally ■ My family buys it for everyone at home ■ I get it through my friends ■ Railway station/ Bus/ Airport ■ School/ College/ Office ■ Other (specify) ■ I don't use it | <ul style="list-style-type: none"> ■ Tea stall ■ Railway station/ Bus/ Airport ■ Street Food vendors ■ School/ College/ Office ■ At party/ fest in school/ college ■ Other (specify) ■ I don't use it |
|--|---|--|

What happens to these products after you have used them? (Limited to one response)

- | | | |
|--|--|--|
| <ul style="list-style-type: none"> ■ Thrown into the bin ■ Segregated and given to waste collector ■ Segregated and sent for recycling ■ Limited as waste on streets ■ I don't use it | <ul style="list-style-type: none"> ■ Thrown into the bin ■ Segregated and given to waste collector ■ Segregated and sent for recycling ■ Limited as waste on streets ■ I don't use it | <ul style="list-style-type: none"> ■ Thrown into the bin ■ Segregated and given to waste collector ■ Segregated and sent for recycling ■ Limited as waste on streets ■ I don't use it |
|--|--|--|

Learn through Fun: Go through the link - <https://gamingfortheoceans.org/> and play the game- Dumb ways to kill Oceans. Share screenshot with your opinion on Social sites by using hastages - #wagggg #wosm #bsgindia #ttpcbg on social sites tagging with bsgindia.

01.02- **Scoop on Plastic:** By using these links – <https://youtu.be/RS7IzU2VJIQ> and https://youtu.be/ju_2NuK5O-E watch the video. Did you learn something that surprised you? Call 05 friends and inspired to them – to say plastic bye. Share Picture and video on social site by using hastages - #wagggg #wosm #bsgindia #ttpcbg on social sites tagging with bsgindia



01.03- **Be a Plastic Warriors** : Make a video by Taking a pledge to reduce your plastic footprint and Share the video on social site by using hastages - #wagggg #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia

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LEADERS LEVEL- The impact of this level is bigger; you will team up with others and start making some in your community.

02.01- **Talk on Plastic Pollution:** To organise a talk show on plastic pollution with the help of expert by using any video conferencing platform (like Microsoft Team, Jio meet, zoom, Google meet etc.). Invite minimum 20 participants and collect a testimonial video at least two people who attended the talk (ask them about their experience). Share the video on social site by using hastages - #wagggg #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia

02.02- **Explore and share:** with the help of friends to organize a virtual exhibition on common type of plastic waste found in the environment. Everyone researches one item that most people don't realize contains plastic. Visit the exhibition and learn about different products that contain plastics. Create a message and post it on Social media with Picture and video of the exhibition. By using hastages - #wagggg #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia

02.03- **Tag the litter:** Continuous one week picking up the plastic and plastic made things in your community and at your home and also encourage 10 members to do the same. You must ensure that dispose off the litter you pick up during the activity. Share the action photograph and video of picking up plastic, creating awareness, and sending for recycling on social media by using hastages - #wagggg #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia

02.04- Take the plastic resolution: Identify and make a group of 05 friends, discuss how everyone can take action to reduce your plastic habits. Come up with 5 things that you can do collectively to make a difference. Monitor each other's habit through whatsapp or similar app by sharing updates every evening for at least one week. Share the action photograph and video of picking up plastic, creating awareness, and sending for recycling on social media by using hastages - #waggggs #wosm #bsgindia #ttpcbbsg #bsgplasticwarrior on social sites tagging with bsgindia
 For example: Not use serves food in disposable plastic cutlery or avoid buying packaged drinking water for 15 days and carry your own water bottle.

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CAMPION LEVEL: This Level is for those who want to be CHAMPION on plastic. After successfully completion of entry and leaders Level you're ready to scale-up your efforts in your community, city or national level to make an even greater impact.



03.01- Plastic Waste Management Warriors: Create a plastic segregation and collecting scheme in your community. Organise a session on waste segregation for youth or community members and initiate waste segregation with support of local municipality. Established a system for waste collection by the recycler and to form an Environmental Committee that can make sure the waste management scheme work regularly. Share a Photograph of Waste segregation Session, letter of confirmation received from the recycler for collection of plastic waste, copy of signed declaration of the members of Environmental Committee on social media by using hastages - #waggggs #wosm #bsgindia #ttpcbbsg #bsgplasticwarrior on social sites tagging with bsgindia

03.02- Plastic Persuasion: Select 03 vendors/ shops/ restaurants that you like and regularly visit. Ask them to reconsider the plastic that they use for selling products on their premises. Think about how you can best influence them. Carry out awareness activity to influence the customers to carry their own bags. Also, create your own bags using old newspaper or old clothes and provide it to the shop/ vendor till the customers start getting their own bags for shopping. Invite more people to help you make more bags and join the cause. Ask the shopkeeper to use these bags in case of emergency on a payment basis.

Ensure that at least one shop should stop providing plastic bags to the customers or replace plastic

Creating behaviour change-
 Wanting to change the world (for better) is always great but it's never easy. Most people are too slow to change .Turtle by the way is a victim of disposable plastic bags - so many are die eating them thinking it is jelly fish ..
 Work as a team and support one another. Before getting started, think hard about how to make your projects successful.

Be specific, Action planning, Paying attention to current behaviour, what's getting in the way? Putting words into action, spending time in nature. Saying it out loud, Share, share, share Keeping an eye on things.

Adapted from Making It Count—
 Increasing the Impact of Climate Change and Food Security Education Programmes.

bags with eco friendly alternative. Share the photograph of Paper and eco friendly bag making, take a feedback and make a video from a consumer carrying their own bag and also from the shopkeeper on social media by using hastages - #waggs #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia



03.03- **Create movement of change:** Identify and organise at least 05 cleanup drive in your community where major plastic/waste problems by involving community members, stakeholders and media person. Commit to carry out clean up drive at the exact location with the active participation of stakeholders in the local area and perused them to keep the area clean. Bring your friends along, as well as encourage any

influential person or the media to join your cleanup and showcase its success.

Share the photograph of Clean up drives, testimonial Videos from visitors and stakeholders and media coverage on social media by using hastages - #waggs #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia

03.04- **An Innovative Ideas/Solution:** To discuss with your family members, identify a key issue about plastic pollution and what are the solution to reduce this pollution by taking small action at home. Share the photograph of discussion and action taken on social media by using hastages - #waggs #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia.

03.05- **Check your Plastic foot print:** You are just one step away to complete your journey as the tide turner leader. Re-assess what difference you brought in your life and what contribution you made by taking the audit again.

Let's make a commitment to make a plastic free, Happier and Healthier environment, by taking pledge with your family members. Share the photograph of pledge on social media by using hastages - #waggs #wosm #bsgindia #ttpcbg #bsgplasticwarrior on social sites tagging with bsgindia

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CONGRATULATIONS!! GREAT WORK!

**YOU'VE COMPLETED THE CHAMPION
LEVEL ACTIVITIES**

NOW HURRY UP - SEND YOUR REPORT THROUGH GIVEN LINK

LATEST BY 28.02.2021

<https://forms.gle/KkJCmooA6weP5jb97>

OR

MAIL US TO: TTPCBG@GMAIL.COM

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